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<https://www.nextfood-project.eu/>



## Nextfood - Educating the next generation of professionals in the agrifood system

### Practice Abstract #52: Student-led reflection in online break-out groups

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In the international online student competition FoodFactory-4-Us led by ISEKI-Food Association – students develop in teams of 3-5 students a unique solution to a real-life food industry challenge while actively participating in 6 online action-learning trainings.

In one of the online trainings, we practice student-led reflection where 4-5 students from different teams in break-out groups are given the responsibility of reflection using the initial reflection sessions led by the competition facilitators as a model for how the student-led reflection sessions can be run. Before they are assigned to a group, students watch a short informative video about bioeconomy and are asked to find one episode/ 'experience' in the video that makes an impression on them, followed by 5 minutes reflection in silence. In the groups, students agree on who will be the facilitator and who will be the presenter. The other students in the group are participants. The facilitator leads the conversation around the following question: What are the commonalities between our experiences?. The presenter prepares one slide about these commonalities which are shared in plenary in less than 1 minute.

The main objective of such student-led reflection sessions is on the one hand for students to practice facilitation skills – listening without thinking of a response, being curious and learning from others – and on the other hand to design the structure of and leading the reflection session.